

RESTAURANT MENU

The Loft

FOOD AND WINE FOR THE SOUL

MEAT & POULTRY

- Confit Pork Belly** £17.00
with Roasted Pork Tenderloin, Breaded Black
Pudding and a Rosemary Jus
- Fillet of Beef** £22.00
with Breaded Potato Fondant, Garlic and
Truffle Puree and Broad Beans
- Chicken Supreme** £16.00
Stuffed with Sage and Garlic Potato Rosti,
Green Beans and a Thyme Jus

House Steak £17.00
8oz Local Rump Steak with Fries and Salad

Add to Steak:

- King Prawns £6
Grilled Tomato & Mushroom £3
Beer Battered Onion Rings £3
Pink Peppercorn Sauce £3
Garlic & Green Peppercorn Butter £3

Love our House Steak?

Join us every Thursday evening for Steak Night!
Two House Steaks and a Bottle of Wine for £30!

SMALL PLATES

- Grilled Halloumi and Pesto Open
Omelette** £7.00
with a Tomato Salsa
- Smoked Applewood and Paprika
Croquettes** £7.00
with Garlic Aioli
- Roasted Tomato & Chorizo Soup** £5.50
with Locally Baked Bread
- Grilled King Prawns** £8.50
with Patatas Bravas and a Spiced Tomato Sauce
- Confit Pork Belly** £8.00
with Butternut Squash Puree, Chorizo, and Salsa
Verde
- Blackened Shredded Beef Salad** £8.75
with Sun Dried Tomatoes & Roasted Peppers

FISH & VEGETABLES

- Pan Seared Seabass** £15.50
with Red Pepper Mashed Potato, Tomato Salsa
and Saffron Aioli
- Whole Grilled Black Bream** £22.00
with Olive Tapenade and Salsa Verde
- Whole Grilled Plaice** £13.00
with Roasted Shallots, Lemon Butter and
Tenderstem Broccoli

**Goats Cheese, Avocado and Spinach
Flatbread** £13.00
with Watercress and Basil Oil

**Pumpkin Seed and Broad Bean Sweet
Potato Cake** £13.00
With Butternut Squash Puree and Mint Crème
Fraiche

ASK YOUR SERVER ABOUT TODAY'S SPECIALS

PLEASE INFORM YOUR SERVER OF ANY DIETARY REQUIREMENTS

To book a table at The Globe's restaurant, The Loft, call us on 01983 506053. The Parade, Cowes.
www.theglobe.bar info@theglobe.bar or follow us on Facebook and Twitter